



Ever wonder how  
**Circumcision**  
has affected you?

[www.NORM.org](http://www.NORM.org)

[www.RestoringForeskin.org](http://www.RestoringForeskin.org)

[www.DoctorsOpposingCircumcision.org](http://www.DoctorsOpposingCircumcision.org)

Circumcision removes the foreskin from the penis. Foreskin is important, erogenous tissue that protects the glans, provides a gliding action during intercourse, and contains thousands of very sensitive, pleasure producing nerves. Many men begin to notice a loss of sensitivity as they age, and some decide to restore their foreskin.

This card is not selling anything. It simply offers you a chance to learn more about how your body was designed to function, what was lost by being circumcised, and the steps you can take to undo some of the damage.

[www.IntactAmerica.org](http://www.IntactAmerica.org)

[www.NoCirc.org](http://www.NoCirc.org)

[www.CIRP.org](http://www.CIRP.org)